

# Life skills (Yoga, physical fitness, health and hygiene)

2018-19

## Counselling

Department : Student Council

Number of student attended : 3158

Principal

16/11/19

Rizvi college of Arts, Science, Commerce

### ANNUAL REPORT- Of Counselling Cell for academic year 2018-19


- The Counselling cell report from June 2018 to February 2019.
- Class visits were done to almost 20 classes of various streams to appeal the students on their needs and requirements that may arise in academics or in person as an individual, for which they can approach the counselling cell, either myself Dr Trupti Barchha or Dr Hemal Barchha.
- Meetings were held with Mentors of all streams to tell them the need for counselling for the students. The mentors were also asked to refer the students directly to the counselling cell in case if they identify any student who is in a need for counselling.
- Group counselling to motivate the students in for formation of "LIFE GOAL" was done for students- 3 such sessions were done in various classrooms.
- **SWOT Analysis** of selected students were done, for those who were not able to decide their career path or those who had Lack in confidence.
- **One -one counselling on How to make Learning easy ?**, was done for students who had difficulty in Academics.
- **Regular one-one counselling** were given to students who were facing Anger, Anxiety, Internet Addiction or Peer pressure, etc
- The meeting was held with teachers and principal, to address the issues that our students face during placement interviews. She was asked to frame a Group Counselling session on communication skills for students or one-on-one individual case reference to prepare our students for interviews.  
Conclusion to this meeting was to work on, **The soft skills Training, Time management, How to concentrate on studies OR do goal oriented studies ?** and such workshops can help the repeated ATKT students to clear their exams.
- Medical Emergency of students were held by providing them first- Aid and further Medical advice.

FYB Com E 

TYBA 

TYBA Cherika

TYBA Urdu Cherika

TYB Com 209 

SYB Com - Cherika

SYB Com 'r' Cherika

TYBA DB

TYB Sc. physics Cherika


TYB Sc chem Cherika

SYB Sc chem shas.


TYB Sc Cherika


TYB Com 'r' Cherika


SYBA Cherika

SYB Sc (Pr) 208 

SYB Com - 201 Cherika


TYB Com - 110 


FYB Com - 104 

FYB Com II 103 

FYB Com D - 108 Cherika

FYBA A - 207 Cherika

FYB Com A 102 

SYB Com 202 

19<sup>th</sup> September, 2018

**NOTICE  
DEGREE COLLEGE**

**Sub : Counselling Lecture for failed / ATKT students**

Student Counselling Cell of Rizvi College of Arts, Science and Commerce organises a lecture by **Dr.Hemal Barchha** on "How to overcome Exam stress?". This lecture is designed for those students who are appearing for ATKT Exams.

Date : 01<sup>st</sup> October, 2018

Timing : 10.30 a.m. to 11.15 a.m.

Venue : Seminar Room

All ATKT students will take part in this programme.





PRINCIPAL /C


FYB Com E 

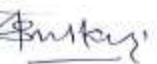
TYBA 

TYBA Cherika


TYBA Urdu 


TYB Com 209 

SYB Com - 

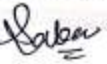
SYB Com 'r' 


TYBA DB

TYB Sc. physics 


TYB Sc chem 

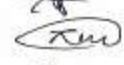
SYB Sc chem shas.


TYB Sc Law 


TYB Com 'r' 


SYBA AB


SYB Sc (Prod) 208 

SYB Com - 201 


TYB Com - 110 


FYB Com - 104 

FYB Com II 103 

FYB Com D - 108 

FYBA A - 207 sharma

FYB Com A 102 

SYB Com 202 

class	Dr. Hemal Bhandra	Ph. No.
Sadia Khan	T.Y.B.A	9819907562
Saanah Khan	T.Y.B.A	8555901999
Ajazen Shaikh	T.Y.B.A	9022737064
Aasim Ansari	T.Y. B.com	9415252274
Mahnoor Tappu	T.Y. B.com	9594270359
Komal Shinde	T.Y.B.A	9830001015
Kautilya Shinde	T.Y.B.A	9026132639
Priya Khan	S.Y.B.A	8036374307
Adya Khan	S.Y.B.A	9025035550
Khan Afreen	F.Y.B.A	9969956669
Ilain Qurshi	F.Y.B.A	7738300214
Khan Aysha	F.Y.B.A	9833495563
Shaikh Nazhat Firdous	S.Y.B.A	8055614173
Sayyed Shobi	S.Y.B.A	8425053117
Shaikh Afzal	F.Y.B.A	825682945
Deepika Jaiswal	F.Y.B.A	845490375
Needa Shaikh	F.Y.B.A	982095896
Quvethi Tahseen	F.Y.B.A	8191577249
Rizvi Lubaba	F.Y.B.A	8236213693
Nagma Khan	F.Y.B.A	9022266642
Aqsa Ansari	F.Y.B.A	9867811240
Vaibhavi Desai	F.Y.B.A	7387793175
Ganeshi Anthony	F.Y.B.A	9779219916
ARSHAD ANJUM	F.Y.B.A	8271552472
RAMI KONDAR	F.Y.B.A	9320623718
Sayyed Abeer	F.Y.B.A	9105213815
Rathmesh Parah	F.Y.B.A	900405767

Date: 9<sup>th</sup> may 2018

Time: 1 pm

## ANNUAL REPORT- Of Counselling Cell for academic year 2017-18

The Counselling cell started from August 2017.

Class visits were done to almost 20 classes of various streams to appeal the students on their needs and requirements that may arise in academics or in person as an individual, for which they can approach the counselling cell, either Dr Trupti Barchha or Dr Hemal Barchha in person in said time.

Three meetings were held with Mentors of all streams to sensitize them for the genuine need that may arise in a student during his /her academic year. The mentors were also asked to refer the students directly to the counselling cell in case if they identify any student who is in a need. Meetings were held on 14<sup>th</sup>, 16<sup>th</sup> August & 13<sup>th</sup> Sept.

The Mentors meeting was minuted on 13<sup>th</sup> September, which was inferred with the following points that,

- 1) To plan a session for junior and Degree college professors, in order to sensitize them with the needs that may arise in students for counselling and to detail them on teenage psychology and behaviours. ( pending)
  - 2) To appoint and plan a meeting with class representatives or class buddies ( pending)
  - 3) Compulsory fortnight meetings of class mentors with subject teachers to address the mentors on progress of the class academically. ( pending )
  - 4) And mentors in turn shall report the counsellors for any issue in academic progress or overall progress of students.
- Principal was requested to provide with a coordinator, that serves as a link between students, mentors and the counsellor. ( pending)
  - Group counselling to motivate the students in for formation of " LIFE GOAL" was done for T.Y.B.M.S; T.Y.B.A.F, T.Y , B.M.M; Bsc CS , Bsc IT.
  - The meeting was held with Shailaja shetty mam and placement officer – MS Rafat, to address the issues that our students face during placement interviews. She was asked to frame a Group Counselling session on communication skills for students or one-on-one individual case reference to prepare our students for interviews. ( pending)
  - Ms Shailaja Shetty, Convenor of Mentors was approached to make student referrals very easy like male class buddies and female class buddies those represent the students and in case of problematic situations may approach a counsellor. ( pending)
  - Workshop on Whats Next ? was done for T.Y.B.M.S; T.Y.B.B.I was held on 16<sup>th</sup> August 2017.
  - Cervical Awareness Workshop was planned for the 1<sup>st</sup> feb 2018 .

Dr Arunachalam, examination committee head was approached to find out whether he requires any help from counselling cell to reduce the number of ATKT's in students for the academic year 2017-2018 or even further.

The Time management, how to concentrate on studies and such workshops can help the repeated ATKT students to clear their exams.

Dr Nem Prakash Srivastav approached the counselling cell to conduct the workshop on "Pedagogy for Teachers" and "How To Make Classroom Teaching Effective."

The date was fixed on 7<sup>th</sup> April 2018 from 8-10am for Degree college professors. There was a change in the topic as well as date, it was framed on 11<sup>th</sup> April from 8-10am for Degree College Professors.

Topic : "Role of A Teacher in Classroom Management." & Nutrition & Exercise : Two Swords of Anti-ageing."

Individual counselling with follow-ups of following children were done from August 2017 upto April 2018.

Sakina Hussain- S.Y.B.A  
Arwa Khokhas- S.Y.B.A  
Saniya Battiwala- S.Y.B.A  
Mohsin Hussain Khan-S.Y.B.M.S  
Adil Aslam Shaikh- S.Y.B.M.S  
Mulla Miqdad Mehndi-S.Y.B.M.S  
Shaikh Sahil Jamil Rukhsana- F.Y.B.A  
Abdul Rehman Chougale- - F.Y.B.A  
Shabana Noor Ansari- F.Y.B.A  
Mariyam Shaikh Mohd. Yasin- F.Y.B.A  
Juveriya Rafique Shaikh- F.Y.B.A  
Sheikh Nazmeen Mohd Salim- F.Y.B.A  
Yaha Ratlamwala- F.Y.B.A  
Sheikh Mizbariyaz- F.Y.B.A  
Dvesh Mistry-S.Y.B.Com  
Sayyed Furhana- T.Y.B.Com  
SHILPA Ramesh Vaishnav- T.Y.B.Com  
Sheikh Ali Akbar - lab peon  
Ruh Zahir Ali Khan- S.Y.B.Com  
Taufiq Ahmad Shah- T.Y.B.Com  
Dr Asha .A.K  
Afrin Shaikh- T.Y.B.SC  
Sayed Iram Zulfikar- S.Y.B.Com  
Adeeb Patel - S.Y.B.Com  
Khan Mohd Suhel Abdul Tawaab- S.Y.J.C-SCL  
Shaikh Mariyam Mohd Rafiq- F.Y.B.Com  
Atif Chaudary- S.Y.B.M.M


2019-20

Activity Name : Empower Women and Girls in Retail

Department : Placement

Date : 8<sup>th</sup> October 2020

Number of students Attended : 220



Rizvi Education Society's  
**RIZVI COLLEGE**  
OF ARTS, SCIENCE & COMMERCE

RIZVI EDUCATIONAL COMPLEX, OFF. CARTER ROAD, BANDRA (W), MUMBAI - 400 050  
email : principal.aso@rizvicollege.edu.in • Website : www.rizvicollege.edu.in  
Phone : 2648 0348 / 2000 4245 • Fax : 2649 7448

Date: 27<sup>th</sup> September, 2019

### NOTICE

(DEGREE COLLEGE)

This is to inform all the interested students that college is offering following Job oriented training program in collaboration with National Yuva Cooperative Society Ltd (NYCS- Dadar). The programs offered are as follows:

- 1) TRRAIN Her ( For Girl student only) duration 45 days – Venue College
- 2) Mobile Repair and Hardware ( Duration 03 month) - Dadar Centre
- 3) CCTV installation and technician. ( Duration 03 month) - Dadar Centre

Features of the offered program:

- 100% placement on completion of program
- Free of cost
- Certification from NSDC (National Skill development Corporation) and RASCI (Retailers Associations Skill council of India.
- TRRAIN HER program will be held in college only
- All the programs will be conduct after college hours with disturbing college routine.

For registration following documents are required:

- ✓ Aadhar card
- ✓ XII mark sheet
- ✓ Two passport size photos
- ✓ Resume

➤ TRRAIN HER program will commence as per the following schedule


First Year Students – First week of October  
Second Year - Forth week of October  
Final Year students - 13<sup>th</sup> October 2019


➤ For Mobile and CCTV the training will be held at Dadar Centre after registration  
**4<sup>th</sup> Floor Vasant Smurti Building Dada Saheb Phalke Marg, Opp. Ranjeet Studio Dadar (East) Mumbai – 400014.**

**For registration representative of NYCS will be available near college canteen on 28<sup>th</sup> and 30<sup>th</sup> Sept 2019 \* 08:30 am to 12.30 pm**

For further queries please contact:

- o Mr Ganesh Shinde (NYCS Representative) 8108333956
- o Dr Ashfaq Khan 9969503687

  
Dr. Ashfaq Khan  
Coordinator

  
Dr. (Mrs.) Anjum Ara Ahmad  
Principal IC





Sr No	Name	Mobile No	Class	Courses	College	Remark
1	MOHD KAIF KHAN	9082197561	B.COM	CCTV	RIZVI COLLEGE	
2	ANSARI AMIN	9320780727	B.COM	CCTV	RIZVI COLLEGE	
3	MOHD ZAID KHAN	9082163638	BMS	CCTV	RIZVI COLLEGE	
4	WASIM BUKSH	8169075758	B.COM	CCTV	RIZVI COLLEGE	
5	KHAN AMIN	9820770635	B.COM	CCTV	RIZVI COLLEGE	
6	MURKAN KARMIRI	9833417886	B.COM	MR/RETAIL	RIZVI COLLEGE	
7	MURAN ANSARI	8169181778	B.COM	MR/RETAIL	RIZVI COLLEGE	
8	SHAIKH ASAD	9152375184	B.COM	CCTV	RIZVI COLLEGE	
9	SHAIKH SANOBBER	8286631445	FY B.COM	TRRAIN HER	RIZVI COLLEGE	
10	SHAIKH SOMAIA	9136355082	FY B.COM	TRRAIN HER	RIZVI COLLEGE	
11	SHAIKH ALFIYA	7710926231	FY B.COM	TRRAIN HER	RIZVI COLLEGE	
12	SHAIKH MANTASHA	9146693277	FY B.COM	TRRAIN HER	RIZVI COLLEGE	
13	SHAIKH DARKASHA	7715817378	FY B.COM	TRRAIN HER	RIZVI COLLEGE	
14	SHAH NAZRABANO	9167826945	FY B.COM	TRRAIN HER	RIZVI COLLEGE	
15	SHAIKH AFREEN KAMALU	8433894559	FY B.COM	TRRAIN HER	RIZVI COLLEGE	
16	SHAIKH MUSKAN	9372594049	FY B.COM	TRRAIN HER	RIZVI COLLEGE	
17	SHAIKH LUBNA	7045158217	FY B.COM	TRRAIN HER	RIZVI COLLEGE	
18	HUSSAIN SAIRA ANAM	7718018442	FY B.COM	TRRAIN HER	RIZVI COLLEGE	
19	SHAHANA QURESHI	8291070751	FY B.COM	TRRAIN HER	RIZVI COLLEGE	
20	SHRESHTHA BHARATI	9324031156	FY B.COM	TRRAIN HER	RIZVI COLLEGE	
21	IRAN SHAIKH	9702161145	FY B.COM	TRRAIN HER	RIZVI COLLEGE	

22	SHAIKH AMEER	9768677606	SY BMS	MR	RIZVI COLLEGE	
23	SHAIKH NIDA	9004709282	FY B.COM	TRRAIN HER	RIZVI COLLEGE	
24	SHAIKH ASAD	9152375164	FY B.COM	TRRAIN HER	RIZVI COLLEGE	
25	SHAIKH USMAN	7506217750	FY B.COM	MR	RIZVI COLLEGE	
26	VASID KHAN	8169946692	FY B.COM	CCTV/ MR	RIZVI COLLEGE	
27	SAMEER KACHI	8433648574	FY B.COM	MR	RIZVI COLLEGE	
28	TALIB QURESHI	9967821013	FY B.COM	MR	RIZVI COLLEGE	
29	MANISH KUMAR	9004177337	FY B.COM	CCTV/ MR	RIZVI COLLEGE	
30	TAUHEED SHAIKH	8291874944	FY B.COM	MR	RIZVI COLLEGE	
31	SHAIKH SHEHNAWAZ	9082865191	FY B.COM	MR	RIZVI COLLEGE	
32	HARIS KHALIFA	8104317121	TY B.COM	MR	RIZVI COLLEGE	
33	MUSKAN ANSARI	8169151778	TY B.COM	MR	RIZVI COLLEGE	
34	SHABNOOR ANSARI	8169151778	TY B.COM	MR	RIZVI COLLEGE	
35	MUSKAN KACHMIRI	9833417886	FY B.COM	RETAIL	RIZVI COLLEGE	
36	POOJA SINGH	9372400344	FY B.COM	RETAIL	RIZVI COLLEGE	
37	PRIYA YADAV	9167241343	FY B.COM	RETAIL	RIZVI COLLEGE	
38	QURESHI DAWOOD HASAN	7039986226	FY B.COM	MR	RIZVI COLLEGE	
39	AFTAB SALMANI	8691917142	FY B.COM	MR	RIZVI COLLEGE	
40	SHAIKH ASAD	9152375164	FY B.COM	MR	RIZVI COLLEGE	
41	HEENA NISAD AHMAD	7458815219	FY BSC	RETAIL	RIZVI COLLEGE	
42	ISHRAT FARUKI	8454915289	FY BCOM	TRRAIN HER	RIZVI COLLEGE	
43	DEEPIKA MOURYA	9967582986	FY BA	TRRAIN HER	RIZVI COLLEGE	
44	ANSARI ROOHIN	8976047863	FY BA	TRRAIN HER	RIZVI COLLEGE	

45	NEHA VAISHY	9136851431	FY B COM	TRRAIN HER	RIZVI COLLEGE	
46	SANA ANSARI	9967901193	FY BCOM	TRRAIN HER	RIZVI COLLEGE	

47	SHAIKH MAHEJABIN	9967901193	FY B COM	TRRAIN HER	RIZVI COLLEGE	
48	SHAIKH SAHJADI	8451973779	FY BCOM	TRRAIN HER	RIZVI COLLEGE	
49	ISHA YADAV	7666670486	FY B COM	TRRAIN HER	RIZVI COLLEGE	
50	SHAIKH UMAIR	9768134704	FY B COM	MR	RIZVI COLLEGE	
51	SHAIKH ARMAN	9967150458	FY B COM	MR	RIZVI COLLEGE	
52	SHAIKH ALRAR	9653491934	FY B COM	MR	RIZVI COLLEGE	
53	SHAIKH SUFYAN	9768817902	FY BCOM	MR	RIZVI COLLEGE	
54	SAYYED ARSLAAN	7977559349	FY B COM	MR	RIZVI COLLEGE	
55	SHAIKH ASAD	9152375164	FY B COM	CCTV	RIZVI COLLEGE	
56	PRINCE MAURYA	9653111672	FY B COM	MR	RIZVI COLLEGE	
57	ROSHANI NIRMAN	9070737440	FY B COM	RETAIL	RIZVI COLLEGE	
58	MOMIN SOLIA	7710923151	FY B COM	RETAIL	RIZVI COLLEGE	
59	SHAIKH YASMEEN MOKEEN	9136848143	FY BCOM	RETAIL	RIZVI COLLEGE	
60	SHAIKH ALFIA ASHFAQ	9967487350	FY B COM	RETAIL	RIZVI COLLEGE	
61	ANSARI ALFIYA	780697914	FY B COM	RETAIL	RIZVI COLLEGE	
62	SNEHA	7506968399	FY B COM	RETAIL	RIZVI COLLEGE	
63	PRAGATI WAGHMARE	9867118025	FY B COM	RETAIL	RIZVI COLLEGE	
64	PARVEEN SHAIKH	9324366731	FY B COM	RETAIL	RIZVI COLLEGE	
65	SALMA NASHMI	8928910385	FY B COM	RETAIL	RIZVI COLLEGE	
66	WASITA SHAIKH	8433549168	FY B COM	RETAIL	RIZVI COLLEGE	

67	AFSAR JAHAN	9167089396	FYB COM	RETAIL	RIZVI COLLEGE	
68	SHAIKH SHUFSA	9619007027	FY B COM	RETAIL	RIZVI COLLEGE	
69	SHAIKH SANA	9820590779	FY B COM	RETAIL	RIZVI COLLEGE	
70	KHAN ISRAR	9699320132	FY B COM	RETAIL	RIZVI COLLEGE	
71	SHAHNAWAZ RAHMANI	7977094434	SYB COM	MR	RIZVI COLLEGE	
72	MASTES ZAINA	7738507408	FY BSC	RETAIL	RIZVI COLLEGE	
73	PRANAY KHADE	8898494815	FY B COM	MR	RIZVI COLLEGE	
74	PRATHAMESH TALEKAR	7045766778	FYB COM	MR	RIZVI COLLEGE	
75	RUTURAJ KELASKAR	9819360674	FYB COM	MR	RIZVI COLLEGE	
76	AHAD SHAIKH	7303711566	FYB COM	MR	RIZVI COLLEGE	
77	AKASH	7303711566	FY BCOM	MR	RIZVI COLLEGE	
78	AJAY BIND	9372569414	FYBCO M	MR	RIZVI COLLEGE	
79	VISHAL VAGREKAR	9082169168	FYB COM	MR	RIZVI COLLEGE	
80	SAYYED FAIZ	9987691156	FYB COM	MR	RIZVI COLLEGE	
81	ALIYAN NAGVI	9167291819	FY B COM	MR	RIZVI COLLEGE	
82	BHARATI	9324031156	FYB COM	MR	RIZVI COLLEGE	
83	IRAM SHAIKH	9702161145	FY B COM	MR	RIZVI COLLEGE	
84	MAHANOOR	7977350669	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
85	SAIBA	9819511448	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
86	AFSARIN SHAIKH	9619459928	HSC	TRRAIN HER	OUTSIDER	
87	SHAIKH SAJJAD	9892641127	FY BCOM	CCTV	RIZVI COLLEGE	
88	ASHRAF KHAN	8080874870	FYBCO M	CCTV	RIZVI COLLEGE	
89	ISMAIL SHAIKH	9833122855	FY B COM	MR	RIZVI COLLEGE	

90	EASAL SHAIKH	7738043446	FY B COM	MR	RIZVI COLLEGE	
91	SHAIKH TAUHEED	8369584659	FY B COM	CCTV	RIZVI COLLEGE	
92	SHAIKH WAHID	7977002854	FY B COM	CCTV	RIZVI COLLEGE	
93	SHAH ARSHAD	7666501007	FY B COM	CCTV	RIZVI COLLEGE	
94	ANSARI DANIS FIROZ	9653226822	FY B COM	MR	RIZVI COLLEGE	
95	ABDUL WAHID	9137042553	FYB COM	MR	RIZVI COLLEGE	
96	SHIKH BILAL	9326782364	FY B COM	MR	RIZVI COLLEGE	
97	ARBAZ MOMIN	9029444624	FYB COM	CCTV	RIZVI COLLEGE	
98	MANTASHA QURESHI	8898271147	SYB COM	TRRAIN HER	RIZVI COLLEGE	
99	ARBAZ KHAN	9004909804	SY B COM	MR	RIZVI COLLEGE	
100	UMAIR	7021443821	TY B.COM	MR	RIZVI COLLEGE	
101	JAVED ALI	7738049030	FY BA	MR	RIZVI COLLEGE	
102	AAMEEN	8828080125	FYBA	MR	RIZVI COLLEGE	
103	ANSARI SANA	9967901193	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
104	POOJA SHINDE	9372947331	FYB COM	TRRAIN HER	RIZVI COLLEGE	
105	NASREEN RAFIQ DARJI	7506447625	FY B COM	TRRAIN HER	RIZVI COLLEGE	
106	SAIRA HUSSAIN	7718018442	FY BCOM	TRRAIN HER	RIZVI COLLEGE	
107	THUSHIDA SHAIKH	9920725667	FY BCOM	TRRAIN HER	RIZVI COLLEGE	
108	SNEHA TANAWALKAR	8828257703	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
109	SAYYED MUKSAN ZEHRA	9892080632	FYB COM	TRRAIN HER	RIZVI COLLEGE	
110	ASBA SHAIKH	9892723786	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
111	RAMAZA SHAIKH	9702140556	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
112	SULNA SHIAKH	7045158217	FYBCO M	TRRAIN HER	RIZVI COLLEGE	

113	JATHIRE SAYYED	7715839672	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
114	SURAN SHAIKH	8356956747	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
115	SHAIREEN SAYYED	7738859517	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
116	SOMAIA SHAIKH	9136355082	FYB COM	TRRAIN HER	RIZVI COLLEGE	
117	ALFIJA SHIKH	7710926231	FYB COM	TRRAIN HER	RIZVI COLLEGE	
118	DARAKHSHA SHAIKH	7738132163	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
119	IQRA SHAIKH	9930198791	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
120	SAYYED ZAINAB	8452860218	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
121	PERVEEN SHAIKH	9324366731	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
122	NAZRA SHAH	8657192565	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
123	IDAFSA SHAIKH	9702031351	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
124	SHUMAYALA SHAIKH	9082354381	FYB COM	TRRAIN HER	RIZVI COLLEGE	
125	NIYAZ	9619147280	FYB COM	MR	RIZVI COLLEGE	
126	SAHIL SHAIKH	8425089930	FYBCO M	MR	RIZVI COLLEGE	
127	YAKUB SHAIKH	8425089930	FYBCO M	MR	RIZVI COLLEGE	
128	HASSAN KHAN	9452912789	FYBCO M	MR	RIZVI COLLEGE	
129	SAYYAD ZAINAB	8452912789	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
130	SAJIA BANO	9136325001	SY BCOM	TRRAIN HER	RIZVI COLLEGE	
131	ALFIA ANSARI	8169904691	SY BCOM	TRRAIN HER	RIZVI COLLEGE	
132	ALIA ANSARI	8108361315	SY BCOM	TRRAIN HER	RIZVI COLLEGE	
133	ADIL SHAIKH	8169904691	SYBCO M	MR	RIZVI COLLEGE	
134	ABDUL WAHID	8691948462	FY B COM	MR	RIZVI COLLEGE	
135	SAYYED FAIZAL	9867446379	FYBCO M	MR	RIZVI COLLEGE	

136	SUSAN SHAIKH	8356956747	FYB COM	TRRAIN HER	RIZVI COLLEGE	
137	TATHIER SAYYED	7715839672	FY BCOM	TRRAIN HER	RIZVI COLLEGE	
138	RAPIYA KHANDANIYA	8692062138	FYB COM	TRRAIN HER	RIZVI COLLEGE	
139	SAUDAGAR KASMIRA	8433585654	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
140	ANAM MUJAWAR	8976118791	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
141	SWAKHA ANSARI	8203359548	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
142	SIDDHI KHETLE	7039863583	FY BCOM	TRRAIN HER	RIZVI COLLEGE	
143	NAVED KHAN	7977765112	FY BCOM	MR	RIZVI COLLEGE	
144	PRANIT NANDGAONKAR	8452808335	FY BOM	MR	RIZVI COLLEGE	
145	NIHAL SHAIKH	9987926376	FYBCO M	MR	RIZVI COLLEGE	
146	SIDDIHQI BUREHNA BANO	9867529136	TYBCO M	TRRAIN HER	RIZVI COLLEGE	
147	KHUSHNAMA BAIG	9224612520	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
148	IDRISI AMAN RASHID	9892997211	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
149	SHADMA KHAN	9892620964	FY BCOM	TRRAIN HER	RIZVI COLLEGE	
150	AAYSHA KHAN	9819317087	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
151	ANGLE RODRIGUES	8291086710	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
152	ASKA SHAIKH	9892723786	FY BCOM	TRRAIN HER	RIZVI COLLEGE	
153	POOJA SHINDE	9372947321	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
154	SADAF AHMAD	8928264965	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
155	SITU CHAUDHARY	9136393439	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
156	TABBASSOM ANSARI	8286668252	FY BCOM	TRRAIN HER	RIZVI COLLEGE	
157	MURSHID RAZA	8898865512	FY BCOM	MR	RIZVI COLLEGE	
158	ADIL SHAIKH	7383063123	FY BCOM	MR	RIZVI COLLEGE	



159	TAUHEED SHAIKH	8369884659	FY BCOM	MR	RIZVI COLLEGE	
160	SAHIL SAYYED	9768209850	FY BCOM	MR	RIZVI COLLEGE	
161	ISMAIL SHAIKH	9833122855	FY BCOM	MR	RIZVI COLLEGE	
162	FAIZAL SHAIKH	7738043446	FY BCOM	MR	RIZVI COLLEGE	
163	AHAD SHAIKH	7303711566	FY BCOM	MR	RIZVI COLLEGE	
164	KASHIF SHAIKH	8369959994	FY BCOM	MR	RIZVI COLLEGE	
165	YAKUB SHAIKH	7039708431	FY BCOM	MR	RIZVI COLLEGE	
166	SHAIKH SHEHNABAZ	8779319891	FY BCOM	MR	RIZVI COLLEGE	
167	SAHIL SHAIKH	8425089930	FY BCOM	MR	RIZVI COLLEGE	
168	SHAIKH FERAZ	7304143268	FY BCOM	MR	RIZVI COLLEGE	
169	SHAIKH HARNAIN	9137982044	FY BCOM	MR	RIZVI COLLEGE	
170	JABAL QURESHI	9833694319	FY BCOM	MR	RIZVI COLLEGE	
171	QURESHI MUDASSAR	9833236328	FY BCOM	MR	RIZVI COLLEGE	
172	QURESHI OSAMA	7977852713	FY BCOM	MR	RIZVI COLLEGE	
173	FAIZAN KHAN	8080053051	FY BCOM	MR	RIZVI COLLEGE	
174	RAHANI HASAN	8433663196	FY BCOM	MR	RIZVI COLLEGE	
175	AFTAB SALMANI	8691916142	FY BCOM	MR	RIZVI COLLEGE	
176	ANKIT NAGWANSHI	9322091938	FY BCOM	MR	RIZVI COLLEGE	
177	DAWOOD HASAN QURESHI	7039986226	FY BCOM	MR	RIZVI COLLEGE	
178	FERAZ SHAIKH	9819074924	FY BCOM	MR	RIZVI COLLEGE	
179	SABIR SHAIKH	9136852236	FY BCOM	MR	RIZVI COLLEGE	
180	SAYED SADIQ	9867557215	FY BCOM	MR	RIZVI COLLEGE	
181	IDRISI RAFIQ	8108581831	FYBCO M	TRRAIN HER	RIZVI COLLEGE	

182	PAVNAM CHAURASIA	8291010208	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
183	HASHMI SALMA	8928910385	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
184	ANSARI ALFIYA	7506979147	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
185	ISHARAT FARUQUI	8455915287	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
186	KHAN SANA	8104175574	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
187	ANSARI SAIBA	9819511448	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
188	ADRISI ANAM	8169725868	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
189	SRABANTI NANDI	6291004058	FY BA	TRRAIN HER	RIZVI COLLEGE	
190	JERISKA LOBO	8879279759	FYBA	TRRAIN HER	RIZVI COLLEGE	
191	IMAN KHAN	9619207142	FY BA	TRRAIN HER	RIZVI COLLEGE	
192	DARAKHSHA SHAIKH	9867653626	FYBA	TRRAIN HER	RIZVI COLLEGE	
193	AMRIN PARVEEN	9082458204	FYBA	TRRAIN HER	RIZVI COLLEGE	
194	SANIYA	9326175848	FYBA	TRRAIN HER	RIZVI COLLEGE	
195	SHAHANA QURESHI	8291070751	FYBA	TRRAIN HER	RIZVI COLLEGE	
196	SAMRIN KHAN	8879181676	FYBA	TRRAIN HER	RIZVI COLLEGE	
197	TUBA CHOBDAR	9967632431	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
198	SADAF SHAIKH	8169160528	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
199	SABA MANSOORI	9004595829	FYBCO M	TRRAIN HER	RIZVI COLLEGE	
200	SANA	9757012977	M.COM	TRRAIN HER	RIZVI COLLEGE	
201	ASAD SHAIKH	9152375164	FY BCOM	MR	RIZVI COLLEGE	
202	VASID KHAN	8169946692	FY BCOM	MR	RIZVI COLLEGE	
203	SHAIKH BILAL	9326782364	B.COM	MR	RIZVI COLLEGE	
204	PRINCE MAURYA	9653111672	B.COM	MR	RIZVI COLLEGE	

205	KHAN HASAN	9852912789	B.COM	MR	RIZVI COLLEGE	
206	SAYED ARSALAAN	7977559349	B.COM	MR	RIZVI COLLEGE	
207	ABRAR SHAIKH	9653491934	B.COM	MR	RIZVI COLLEGE	
208	SHIKH SUFIYAN	9768817902	B.COM	MR	RIZVI COLLEGE	
209	MD JABAL QURESHI	9833694319	B.COM	MR	RIZVI COLLEGE	
210	MUDDASAR QURESHI	9833236328	B.COM	MR	RIZVI COLLEGE	
211	ASAMALQURESHI	7977852713	B.COM	CCTV	RIZVI COLLEGE	
212	FAIZAN KHAN	8080053051	B.COM	CCTV	RIZVI COLLEGE	
213	RHANI HASAN	8433663196	B.COM	CCTV	RIZVI COLLEGE	
214	AFTAB SALMANI	8691916142	B.COM	MR	RIZVI COLLEGE	
215	ANIKET NAGWANSHI	9322091938	B.COM	MR	RIZVI COLLEGE	
216	BUSHARA AHMAD	9082067517	FYBBI	TRRAIN HER	RIZVI COLLEGE	
217	NABA FIROZ KHAN	9167465821	FYBBI	TRRAIN HER	RIZVI COLLEGE	
218	SUNIL SAHU	8080998372	TYBAF	TRRAIN HER	RIZVI COLLEGE	
219	SHADAB PARMAR	8080545408	TYBAF	TRRAIN HER	RIZVI COLLEGE	
220	NAMEERA SAYED	9136893455	TYBAF	TRRAIN HER	RIZVI COLLEGE	

**2020-21**

**YOGA ASANAS**

**Date: 21-6-21**


**Department: NSS**

**No of Students attended: 100**


*Rizvi Education Society's*  
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 BANDRA (WEST), MUMBAI - 400 050.

**INTERNATIONAL YOGA DAY**

**Chief Patrons**




**Dr. Akhtar Hasan Rizvi**  
President, Rizvi Education Society




**Adv.(Mrs.) Rubina Akhtar Hasan Rizvi**  
Director, Rizvi Education Society

in association with **SHREE AMBIKA YOGA KUTIR**  
 NSS Unit of Rizvi College is organising  
**"YOGA AASANAS"**  
 on occasions International Yoga Day  
 on Sunday, 21st June, 2020 at 08:00 am


**Resource Persons**



**Mrs. Sangita Patil**  
Yoga Teacher



**Mrs. Reshma Mhatre**  
Yoga Teacher



**Mrs. Seema Shukla**  
Director, Shree Ambika Yoga Kutir

**Organising Committee**

• Co-Convenors •

**Dr. Meenakshi Samant**  
(NSS Co-ordinator, Junior College)

**Mrs. Shehnaz Khan**  
(NSS Programme Officer, Degree College)

• Members •

**Dr. Ansarpasha Shaikh**  
(NSS Programme Officer, Degree College)

**Dr. Alkama Faqih**  
(NSS Programme Officer, Degree College)

**Best Regards : Dr. Paul R. P. (I/C Principal)**

## Importance of Women's Hygiene in Family Health

Date: 08-03-2021

Department: Women Development Cell



No of Students attended: 49

## Report of Women Development Cell

Date: 08<sup>th</sup> March, 2021

**Topic-** Importance of Women's Hygiene in Family Health.

**Invitation Card,**



**Women's Development Cell of Rizvi College of Arts, Science and Commerce Presents -**

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# IMPORTANCE OF WOMEN'S HYGIENE IN FAMILY HEALTH

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A webinar on growing alienation, medical ignorance and unspoken health hazard that women face.

**Dr. Fuzail Wani**  
(MBBS, MD, from TUMS)  
will be conducting the talk on importance of hygiene and women health.

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Dr. Fuzail Wani works as a philanthropist and has been a part of multiple relief camps in Iran and Kashmir. Dr. Wani is enthusiastic about medicine, new medical procedures and fitness.

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Link to the session will be sent 15 minutes before it begins.

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




















































On the 8th of March, 2021.  
10:00 am Indian Standard Time.  
Students are requested to join with their institutional Id's.



## Attendance of Webinar,



People	Info
fyba014 ANJANA AJIMON (You)	
Dr. Ansarpasha Shaikh	✂ ⋮
Fiza Khan	✂ ⋮
Fiza Khan (Presentati...	✂ ⋮
Fuzail Wani	⋮ ⋮
fyba002 KUMTE AYES...	✂ ⋮
fyba005 SHAIKH ATE...	✂ ⋮
fyba016 Sufiyan Khan	✂ ⋮
fyba020 ANKIT KUMA...	✂ ⋮
fyba037 fyba037	✂ ⋮
fyba042 Naaz Shaikh	✂ ⋮
fyba053 MITHIBORW...	✂ ⋮
fyba077 fyba077	✂ ⋮
fyba107 fyba107	✂ ⋮
fyba109 fyba109	✂ ⋮
fyba122 CHAUBEY AA...	✂ ⋮
fyba126 JADHAV AL T...	✂ ⋮
fyba129 CHAUHAN HI...	✂ ⋮
fyba134 NIVATE SHIV...	✂ ⋮
fyba147 KHAN IFFAT ...	✂ ⋮
fyba81 fyba81	✂ ⋮
fybaf001 ANCHAN DI...	✂ ⋮
fybaf011 GUPTA SNEH...	✂ ⋮

 fybaf012 GUPTA SUP...		⋮	 Saima Khan		⋮
 fybaf028 MHAISDUN...		⋮	 shahida shaikh		⋮
 fybaf035 RAI SIDDHI ...		⋮	 Shaziya Shaikh		⋮
 fybaf052 THAKUR KA...		⋮	 shilpa serigar		⋮
 fybbi017 KHAN NILOF...		⋮	 syba023 SHAIKH NAR...		⋮
 fybcoma081 GUPTA K...		⋮	 syba037 ANSARI ZAR...		⋮
 fybcomb234 SHAIKH ...		⋮	 syba061 ANSARI ROO...		⋮
 Neha Nangia		⋮	 syba101 SHAIKH FATI...		⋮
 Pankaj Shrivastava		⋮	 syba142eram musharf...		⋮
 Rana Ansariya		⋮	 sybbi012 SHAIKH GUL...		⋮
 Saima Khan		⋮	 sybcomd649 SHAIKH ...		⋮
 shahida shaikh		⋮	 sybcomd688 YADAV I...		⋮
 tyba021 REZVI FAEZA...		⋮			
 tyba030 PADALE SAY...		⋮			
 tyba033 SADIYA NAA...		⋮			
 tyba034 RIZVI LUBAB...		⋮			
 tyba035 SHARMA SH...		⋮			
 tyba036 SHEIKH MEH...		⋮			
 tyba040 tyba040		⋮			
 tyba056 SINGH KAVIT...		⋮			
 tyba062 QURESHI TA...		⋮			
 tybbi028 SHAIKH AFR...		⋮			



2021-22

## Webinar on Stress Management

Date: 22-12-21

Department: BBI

No of Students attended: 60

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Phone : 2648 0246 / 2630 4245 • Fax : 2649 2448

Date: 20<sup>th</sup> December, 2021

**STUDENTS NOTICE**

The Department of Bachelor of Commerce in Banking and Insurance is organizing an Online Webinar on **"Stress Management"** for First, Second and Third year students.

Date: 22<sup>nd</sup> December, 2021  
Day: Wednesday  
Time: 12:00 pm – 1:00 pm  
Platform: Google Meet  
Speaker: Ms. Sandhya Mishra

Ms. Sandhya Mishra is associated with ICA (Institute of Computer Accountants) Pvt. Ltd. as Business Development Manager and Personality Development Trainer.

All the students are instructed to attend the same and take benefit of the lecture.  
Link for the webinar will be posted in the respective class Whatsapp group.  
Attendance is compulsory for all FY, SY and TY students.

Prof. Najmunnisa Shaikh  
Coordinator  
(BBI Department)

Dr. (Mrs.) Anjum Ara Ahmad  
Principal I/C

The department of Bachelors of Commerce-Banking and Insurance had conducted an informative and interactive an online webinar for the students of the BBI department, on the 22th December,2021.The session was hosted on an online platform (Google Meet), being scheduled at 12 p.m. to 1.p.m. The total number of attendees was 112 inclusive of all three years (FYBBI, SYBBI &TYBBI).

Ms. Sandhya Mishra was invited as speaker for the webinaar. She is associated with ICA (Institute of Computer Accountants) Pvt. Ltd. as Business Development Manager and


Personality Development Trainer. The session was really informative as she explained about the effects of Stress in real time. She also guided the students about ways to identify stress and how important it is to understand the consequences of the same and how it can be cure/prevented. The session ended with a discussion where students posted their questions and doubts and they were cleared by Ms. Sandhya Mishra.

**Title :** A lecture by on Health care informatics


**Date :** 22-12-21

**Department:** Chemistry

**No of Students attended:** 50



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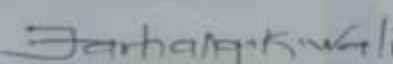
21/12/2021

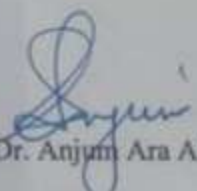
The Department of Chemistry has organized a Lecture on "HEALTHCARE INFORMATICS" for Third Year Students on Wednesday, 22<sup>nd</sup> December 2021 at 10:00 am in Room No. 304.

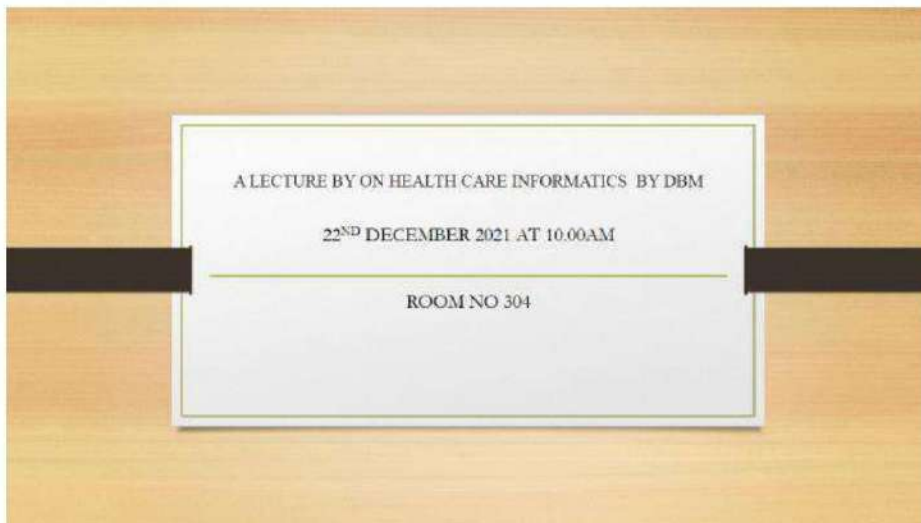
The lecture will be addressed by **DBM INDIA in association with NIIT FOUNDATION.**

The objective of this session is to provide information regarding the course in the field of Healthcare as an additional skill for employment after graduation.

All are cordially invited to attend the same.

  
Prof. Farhana Khalid Wali  
Head, Dept. of Chemistry

  
Dr. Anjum Ara Ahmed  
Principal (I/C)



A lecture by on Health care Informatics by DBM in association with NIIT was organised by the Department of Chemistry for the Final year students of Chemistry on 22<sup>nd</sup> December 2021 at 10.00am in room no 304. The objective of the session was to provide information on the various courses in Health care which can be acquired as an additional skill for employment after graduation. The number of participants were 50.




**Title : A Webinar on “Career in Paramedics**

**Date : 11-02-22**

**Department:**

**No of Students attended: 70**



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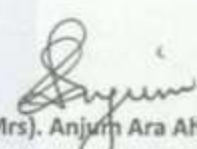
8<sup>th</sup> February 2022

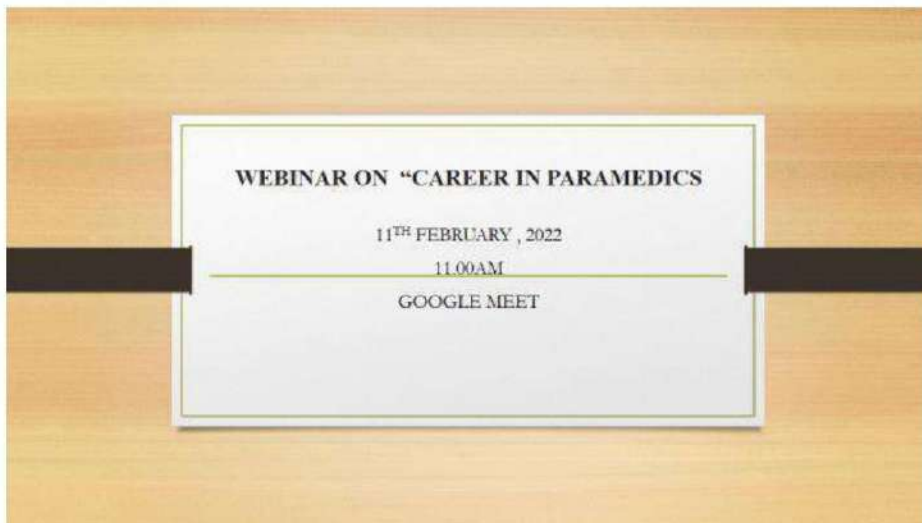
**TYBSC (CHEMISTRY)**

**WEBINAR ON CAREER IN PARAMEDICS**

The students of the above mentioned classes are hereby informed that the Department of Chemistry in collaboration with P.D.Hinduja Hospital & Medical Research Centre & Life supporters has organized a Webinar on “Career in Paramedics” on 11<sup>th</sup> February 2022 at 11.00 noon. The Webinar will be conducted by Ms. Bhavisha Kharnare Sr. Manager special projects and academics at P.D.Hinduja Hospital & Medical Research Centre. This session will be conducted on Google meet and the link for the same will be posted in the respective classrooms. Attendance for the webinar is compulsory.

  
Prof. (Mrs). Farhana Khalidwali  
HOD, Chemistry

  
Dr. (Mrs). Anjum Ara Ahmad  
Principal I/C



The Department of Chemistry in collaboration with P.D.Hinduja Hospital, MRC & Life Supporters has organised a Webinar on "Career in Paramedics" on 11<sup>th</sup> February , 2022 at 11.00am. The Webinar was conducted by Ms.Bhavisha Kharnare-Senior Manager Special projects and academics. Number of Participants were more than 70.

A blue-bordered slide titled 'Enrollment Process' for P. D. HINDUJA HOSPITAL &amp; MEDICAL RESEARCH CENTRE. It features a header with the website 'www.hindujahospital.com - Professional section - Allied Health section' and three screenshots of the website interface. Two orange arrows point to specific sections in the screenshots. A list of five steps is provided in an orange box: 1. Form Submission, 2. Counselling, 2. Aptitude test, 3. Subject Knowledge test, 4. Personal Interview, 5. Counselling. The footer includes 'Allied Health Sciences Curriculum H001'.



Bhavisha is presenting



Participant avatars and names:

- sybs... (pink 's' icon)
- tybs... (blue 't' icon)
- Bha... (video feed of a woman)
- You (green 't' icon)
- tybs... (green 't' icon)
- s65 others (pink 's' icon)





11:28

VoLTE 4G 36%



mrz-majo-mto



Bhavisha is presenting



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s

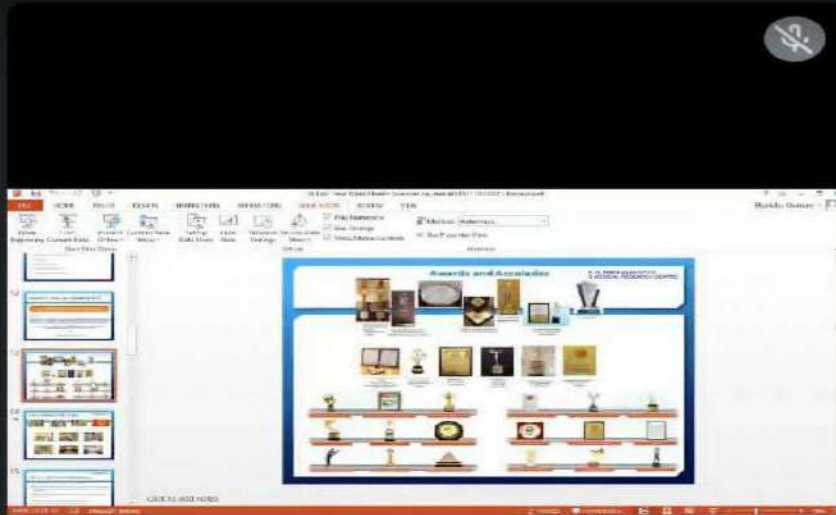


11:26

Vodafone LTE 4G 36%



mrz-majo-mto



Bhavisha is presenting



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## Topic : Guest Lecture on Building Emotional Resilience

Date : 11-12-21

Department: English

No of Students attended: 100




09<sup>th</sup> December, 2021

### NOTICE Degree College

In view of the mental and emotional well-being of the students, the Student Counselling Cell in association with the Department of English are organising an online guest lecture on **Building Emotional Resilience** by Ms Ruchi Sharma Kapoor, Social and Emotional Intelligence certified Coach & practitioner, ISEI.

This lecture will be conducted online on **11th December, 2021 at 11.30 a.m.** Link for the lecture will be shared in the class Whatsapp groups. All the students are instructed to attend the lecture and take benefit of the same.

  
Mrs. Swati Vora  
Convener, Students Counselling Cell

  
Dr. (Mrs.) Anjum Ara Ahmad  
PRINCIPAL I/C

A webinar on 'Building Emotional Resilience' was organized by the Department of English in collaboration with Students Counseling Cell of our college on 11th December 2021 at 11.30 am. Ms. Ruchi Sharma Kapoor was the resource person. With the increasing number of suicides and cases of depression amongst teenagers a need was felt to organize a lecture to guide the students and create an awareness about the importance of mental health. Ms. Kapoor has over 15 years of diverse HR experience and is a Social and Emotional Intelligence certified Coach & practitioner, ISEI with over 250 hours of professional coaching experience. She conducted an interactive session where she explained the importance of 'feeling' the emotions rather than classifying them as good or bad. She stressed upon the importance of keeping an open mind and accepting change, building relationships and maintaining good mental health. She also

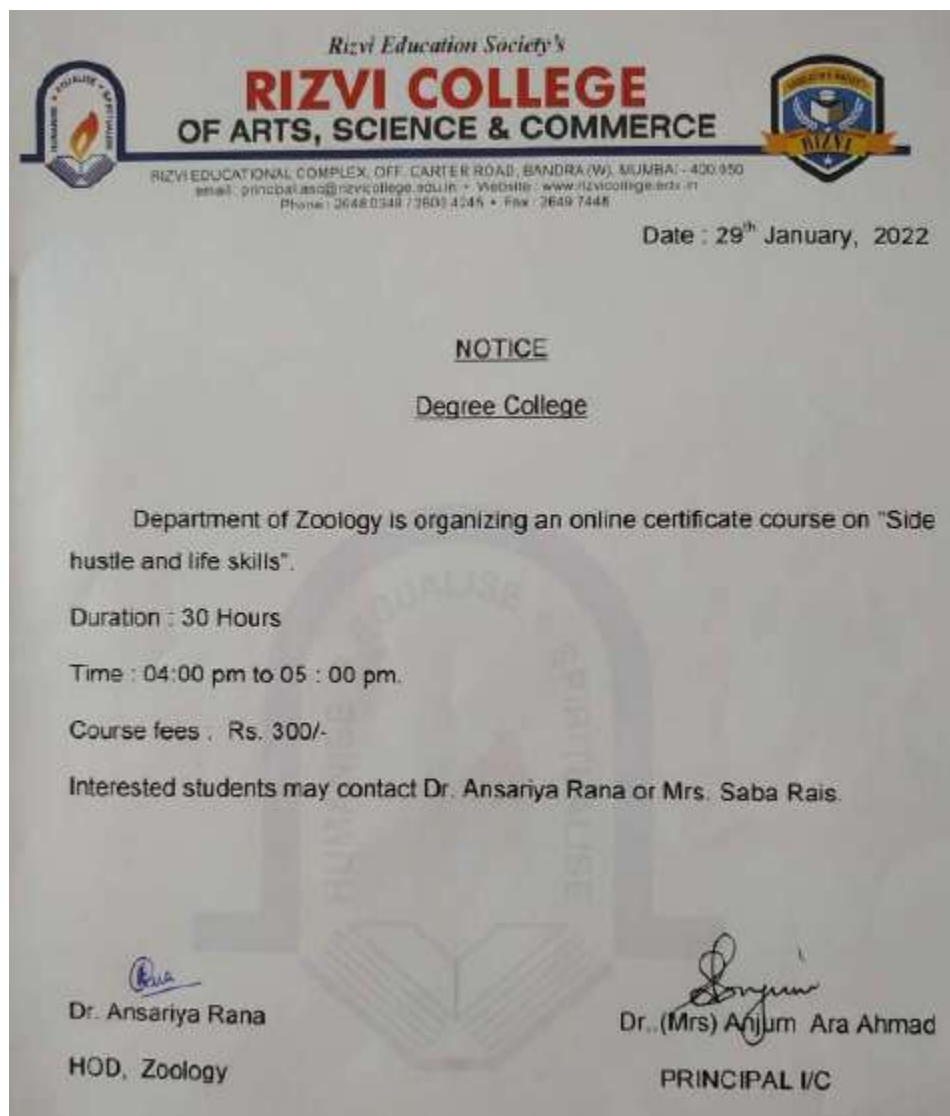
demonstrated a few techniques to help relieve stress. The webinar was attended by close to 100 students and faculty members. All the attendees found the lecture extremely interesting and enlightening.

## Topic: Side Hustle and Life Skills

Date : 21-02-22

Department: Zoology

No of Students attended: 31



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Date : 29<sup>th</sup> January, 2022

NOTICE  
Degree College


Department of Zoology is organizing an online certificate course on "Side hustle and life skills".

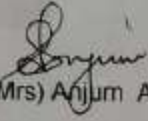
Duration : 30 Hours

Time : 04:00 pm to 05 : 00 pm.

Course fees . Rs. 300/-

Interested students may contact Dr. Ansariya Rana or Mrs. Saba Rais.

  
Dr. Ansariya Rana  
HOD, Zoology

  
Dr. (Mrs) Anjum Ara Ahmad  
PRINCIPAL I/C

Course Name- Side hustle and life Skills, Department- Zoology, From Date: 21-2-2022 To Date: 09-5-2022, No. of Participants- 31, Conducted By- Ms. Rehana Javed, Remarks- The course will help students to start at least a small businesses and earn their living.

SAH...  
Date: 21-2-20

Sl. No	Roll No	Name	Contact Number	Subject
1	29	DALVI NUPOOR MOHAN	9594790587	Chemistry, Zoology
2	42	BANDRE SNEHAL SHARAD	7517756048	Chemistry, Zoology
3	69	MO DILDAK ANUL HAQUE	9321846818	Botany, Zoology
4	86	SHAH TAHEEB BANO NOORULAIN	9152613391	Botany, Zoology
5	87	SHAIKH AFREEN IBRAHIM	9137816775	Botany, Zoology
6	88	SHAIKH ASHIYA BEGUM MOOHUDDIN	9004316072	Botany, Zoology
7		Fazal, Maryam	9822514121	Botany, Zoology
8				
9				

FYBSc Students

Sr.No	Roll No	Name	Contact Number	Subject
1	63	ANSARI MUZBA ALAM	778864943	CHEMISTRY/BOTANY/ZOOLOGY
2	25	SHAIKH AFTAB GILZAR AHMED	8322389315	CHEMISTRY/BOTANY/ZOOLOGY
3	94	ONGANAS AALIYAH MUXADDIQUE	8655464230	PHYSICS/CHEMISTRY/MATHS
4	57	SHAIKH MOHAMMED REHAN MUMTAZ AH	7298772173	CHEMISTRY/BOTANY/ZOOLOGY
5	28	SHAIKH MOHAMMED SHADAN MUMTAZ	7045549404	CHEMISTRY/BOTANY/ZOOLOGY
6	84	SEHAM SHIVJI ASHOK PRASAD	9372264714	PHYSICS/CHEMISTRY/MATHS
7	8	ORISI YASMEEN NAUSHAD	9324703139	CHEMISTRY/BOTANY/ZOOLOGY
8	33	SHAIKH BANIZA BANO SHAMM	8070166663	CHEMISTRY/BOTANY/ZOOLOGY
9	38	AASARI SHARAFUDDIN SHAGUFTA AKRAM	8304837363	CHEMISTRY/BOTANY/ZOOLOGY
10	8	AINAM BANO	7045250827	CHEMISTRY/BOTANY/ZOOLOGY
11	20	QURESHI NAIRA MOHID ARSHAD	9322843245	CHEMISTRY/BOTANY/ZOOLOGY
12	81	TADAV VINAY CHALUHARYA	7304103025	PHYSICS/CHEMISTRY/MATHS
13	42	ANSARI NOORSABA QUTBUDDIN	8828372633	CHEMISTRY/BOTANY/ZOOLOGY
14	118	SYEED SANA REHAB USMAN	9082833466	CHEMISTRY/BOTANY/ZOOLOGY
15	174	SHAIKH SHAMIM SHAIKH SHAMIM	8828372633	CHEMISTRY/BOTANY/ZOOLOGY
16	175	SHAIKH SHAMIM SHAIKH SHAMIM	8828372633	CHEMISTRY/BOTANY/ZOOLOGY
17	176	SHAIKH SHAMIM SHAIKH SHAMIM	8828372633	CHEMISTRY/BOTANY/ZOOLOGY
18				
19				
20				

TYBSc Students

Sr.No	Roll No	Name	Contact Number	Subject
1	123	CHUGHATTA RIDA ZAHEER	9820521277	BOTANY/ZOOLOGY
2	126	KHAN NASHIR RASHID	9167288980	BOTANY/ZOOLOGY
3	128	PAWASKAR AARSHI MOHD SHANIF	9702527966	BOTANY/ZOOLOGY
4	131	SHAIKH AFTAB FATRUDDIN	7738080537	BOTANY/ZOOLOGY
5	136	SHAIKH UZMA RAHIMA	9987897427	BOTANY/ZOOLOGY
6	138	SIDIQUI FAROQUE MOHD USMAN	7039575447	BOTANY/ZOOLOGY
7	124	ANSARI AYESHA BT	8268552735	BOTANY/ZOOLOGY
8				
9				
10				
11				
12				
13				
14				
15				
16				

**Title : Self Defense Workshop**

**Date : 22-02-22**

**Department:**

**No of Students attended: 40**

**Self Defence Workshop, 22<sup>nd</sup> February, 2022**

Rizvi Education Society's Rizvi College of Arts, Science and Commerce, The Survey of Women Status team of the Department of Lifelong Learning and Extension in collaboration with Anti-Ragging Committee and Anti-Ragging Squad had organized a Self-defense Workshop on 22nd of February, 2022 at 11:00 a.m. in the College Auditorium.

The Self-Defense Workshop was conducted for the students to learn to protect themselves from physical harm in serious situations. Dr. Shilpa Serigar, Common Wealth Judo Gold Medalist, was invited as the Chief Guest. The workshop was instructed by Mr. Rizwan Khan, (Student: SYBAF) 3rd Degree Black Belt in Karate. Technical ways to get out of situations like groping, choking and eve-teasing were thought. Participants were allotted with sufficient time to practice every technique. The workshop was highly interactive, volunteers from Survey of Women Status, Anti-Ragging committee and Anti-Ragging Squad were present to assist participants.

**Overall there were 40 students (Males: 16 and Females: 24) 6 teaching faculties had also participated (Male: 02 and Female: 04).** The workshop was conducted on offline mode, and so special care was taken in following COVID-19 guidelines and protocols were strictly followed by the organizers as well as the participants. Feedback received from the participants indicates that the Self-defense workshop had a positive impact on students as well as professors, as they got a hand on experience on few self-defense techniques of protecting themselves, and not relying on or being depended on others for their own safety.





*Rizvi Education Society's*  
**Rizvi College of Arts, Science and Commerce**

Off Carter Road, Rizvi Complex, Bandra West, Mumbai- 400 050

## Chief Patrons



**Dr. Akhtar Hasan Rizvi**  
President

*Rizvi Education Society*



**Adv. (Mrs.) Rubina Akhtar Hasan Rizvi**  
Director

*Rizvi Education Society*

### **Department of Lifelong Learning and Extension**

In collaboration with

**Anti-Ragging Committee**

&

**Anti-Ragging Squad**

Organises

**Self Defense Workshop**

**Instructor: Rizwan Khan**

**Dr. (Mrs.) Anjum Ara Ahmad**

Principal I/C

**Date: 22nd of February, 2022**

**Venue: College Auditorium**



**Mumbai, Maharashtra, India**

Rizvi Education Complex, 7th flr building , Off Carter Road, Bandra-West, Rizvi Complex, Chuim, Pali Hill, Mumbai, Maharashtra 400050, India

Lat 19.068352°

Long 72.824559°

22/02/22 12:14 PM

GPS Map Camera

**Topic : Loop Banks**

**Date : 14-12-21**

**Department:**

**No of Students attended: 17**



**NOTICE**

**(Degree College)**

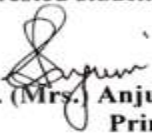
**10<sup>th</sup> December, 2021**

**IQAC and Department of Economics jointly organize a Workshop on 'Loop Bands' under the Skill Based Programme on Tuesday, 14<sup>th</sup> December, 2021.**

Time: 10.12 am to 11.00 am

Place: Room No. 206

Interested students may contact Mrs. Shweta Dubey or Ms. Tabassum Shaikh

  
**Dr. (Mrs.) Anjum Ara Ahmed M K**  
**Principal I/C**

**Workshop on 'Loop Bands'**

**14<sup>th</sup> December, 2021**

Dept. of Economics and IQAC jointly organize a Workshop on 'Loop Bands' on 14<sup>th</sup> December, 2021 at 10.12 am To 11.00 am under the Skilled Based Training Programme.

Ms. Sakina M. was the resource person.

She demonstrated the skill with live presentation. Students actively participated in the same and learnt the skill of 'Loop Bands'.

17 students participated in the workshop.

  
**(Mrs. Shweta Dubey)**  
**Co Coordinator, IQAC & HOD, Economics**

  
**(Dr. Mrs. Anjum Ara Ahmed M K)**  
**Principal I/C**

**I/c. PRINCIPAL**  
**Rizvi Education Society's**  
**RIZVI COLLEGE**  
**OF ARTS, SCI. & COM.**  
**Bandra (W), Mumbai-400 050.**

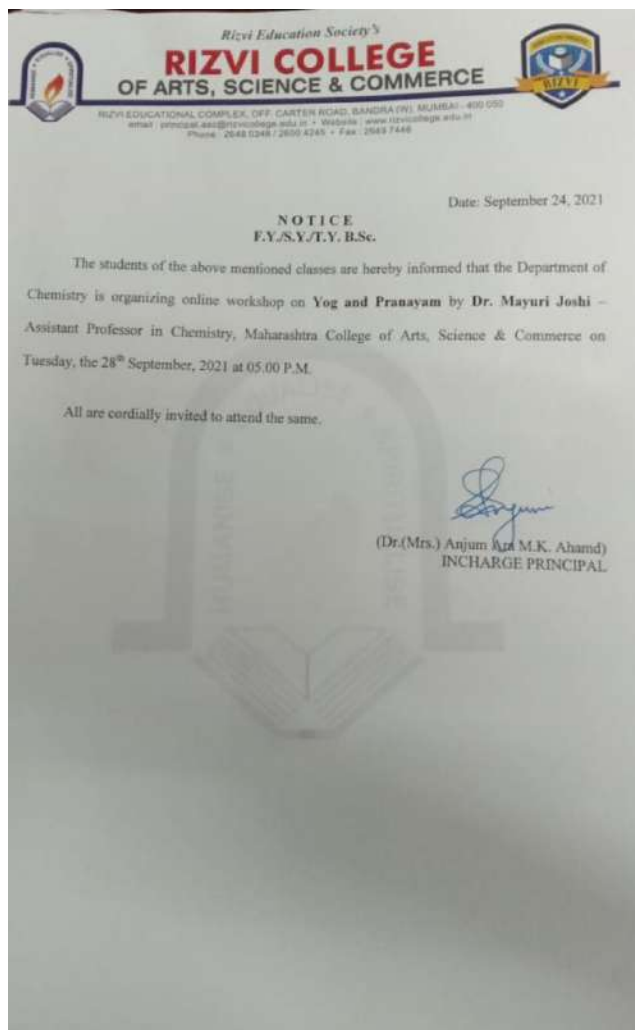


## Topic : A Webinar on Yoga & Pranayam

Date : 28-09-2021

Department: Chemistry

No of Students attended: 30



Title of the Program	Date	No of Participants
Yog & Pranayam	28/09/2021	30
A Webinar Smile Please : An Oral Health Literacy Program	16/12/2021	60
A lecture by on Health care informatics	22/12/2021	50
A Webinar on "Career in Paramedics	11/02/2022	70



The Department of Chemistry has organised a Webinar on 'Yog & Pranayam' by Dr. Mayuri Joshi - A certified yoga trainer and Assistant Professor in the Department of Chemistry at Maharashtra College of Arts, Science and Commerce-Mumbai on Tuesday, 28<sup>th</sup> September 2021 at 5 pm. The resource person highlighted various aspects and the diverse types of Pranayam like Anulom Vilom, Kapal bhati, Bhramari, Shitali - together with its health benefits and a live demo. She discussed a few research papers published in various reputed journals on 'The effect of slow and fast Pranayam on Cognitive functions in Healthy Volunteers', 'effect of Pranayam on rate pressure in mild hypertensives', 'Modified Bhramari Pranayama in Covid-19 infections'. The Webinar was attended by thirty participants.



WEBINAR ON YOG AND PRANAYAM



WEBINAR ON YOG AND PRANAYAM



WEBINAR ON YOG AND PRANAYAM




WEBINAR ON YOG AND PRANAYAM

**Title : A Webinar Smile Please : An Oral Health Literacy Program**

**Date : 16-12-21**

**Department:**

**No of Students attended: 60**

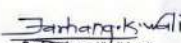



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RIZVI EDUCATIONAL COMPLEX, OFF. CARTER ROAD, BANDRA (W), MUMBAI - 400 050  
email : principal.asoc@rizvicollege.edu.in • Website : www.rizvicollege.edu.in  
Phone : 2648 0348 / 2600 4245 • Fax : 2649 7448

13<sup>th</sup> December 2021

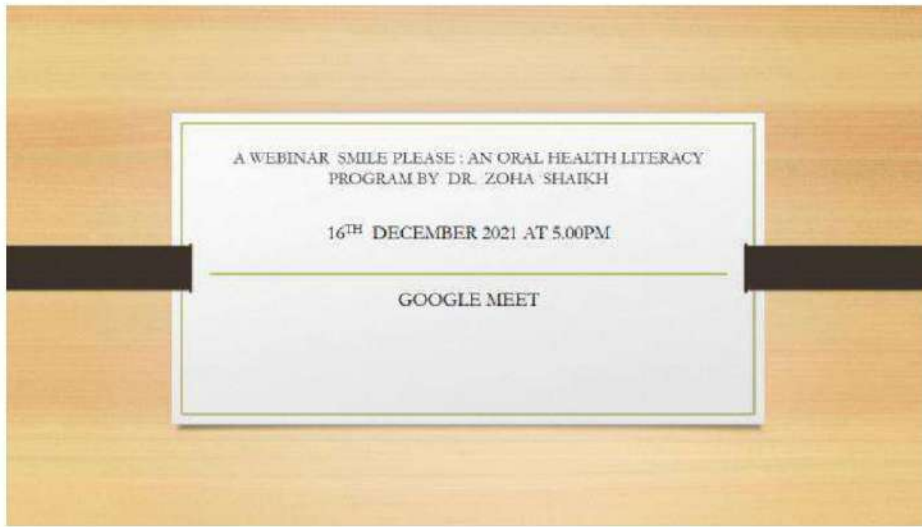
The Department of Chemistry has organised a Webinar on Smile Please:  
"An Oral Health Literacy Program on Thursday 16<sup>th</sup> December 2021 at  
5:00 PM. The resource person for the Webinar will be Dr Zoha Shaikh  
(BDS, MDS-Prosthodontics & Implantology Resident). The Google meet  
Link for the program will be shared in the Whatsapp group on the same  
day.

  
Prof. Farhana Khalidwalli  
HOD, Chemistry

  
Dr. Anjum Ara Ahmad  
Principal /C

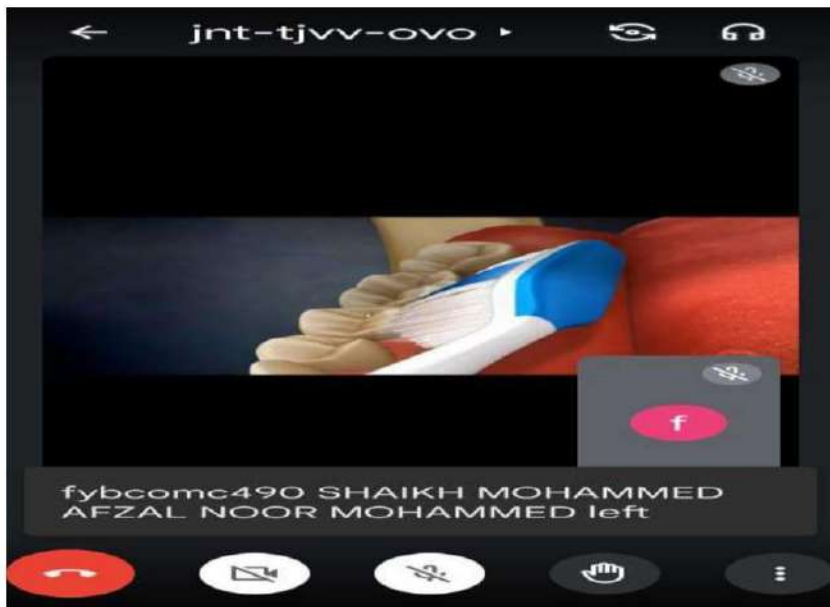







A Webinar Smile Please : An Oral Health Literacy Program by Dr. Zoha Shaikh -BDS,MDS-Prosthodontics & Implantology Resident on 16<sup>th</sup> December,2021 at 5.00pm.It was a highly informative session covering various aspects of Oral health like Gum diseases, Tartar accumulation, Caries and Pus formation, Correct brushing technique etc. The number of participants were 60.





BUILD UP ON TONGUE



Zoha is presenting

f

Microphone icon

jnt-tjvv-ovo



Zoha is presenting

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Microphone icon

Call icon

Mute icon

Video off icon

Hand icon


More options icon

**Title: Certificate course on Soap Making**


**Date: Feb-22**

**Department:**

**No of Students attended: 15**



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email : principal.aac@rizvicollage.edu.in • Website : www.rizvicollage.edu.in  
Phone : 90048 34503 / 96533 56852

**Notice**  
**Degree College**

Department of sociology is conducting a certificate course in “**Soap Making**” to promote skill Development amongst the students. The course is scheduled for 15 days comprising of 30 hours during the month of January 2022 and will be held between 11.30am–1.30pm. The students will be awarded certificate after successful completion of the course.

The students will be provided with hands on training for making scented and natural soaps with health benefits, photography, packaging and marketing of the Soaps. The fees for the course is Rs 500/-. The allotment will be on first come first serve basis. Since the seats are limited interested students may contact Dr. Mariyah Gour Ghori to register at the earliest.

  
Dr. Mariyah Gour Ghori  
Associated Professor and Head, Dept. of sociology

  
Dr. Anjum Ara Ahmad  
Principal I/C





Rizvi Education Society's  
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OF ARTS, SCIENCE & COMMERCE

Rizvi Educational Complex, Off Carter Road, Bandra (West), Mumbai 400 050.



**CERTIFICATE OF PARTICIPATION**

Certified that Mr/Ms. **FAHEEMA KARIMULLAH ANSARI**  
has Successfully completed a certificate course in “Soap Making”  
organized by department of Sociology in February 2022.

*Rubina A.H. Rizvi*

Adv. (Mrs.) Rubina Akhtar Hasan Rizvi  
Director  
Rizvi Education Society

Dr. Mariyah Gour Ghori  
Head, Dept. of Sociology

Dr. (Mrs.) Anjum Ara Ahmad  
Principal I/C

In the month of February and March 2022, the Department conducted a “Certificate Course in Soap Making” comprising of 30 hours of hands on experience along with how to sell it Digitally. The students were trained under the able guidance of Dr. Mariyah Gour who trained the students from basic to advance in natural and fragranced soaps. Master Sharjeel Ghori a young entrepreneur of Std .8th from St. Stanislaus High School was invites to share his expertise and do value addition on the same. A session on Digital Marketing was held by Ms. Zahra a well-known artist from Zafyr Arts Studio shared her expertise and experiences on how to do marketing of the soaps through digital platform and social media. In all 15 students successfully completed the course and were awarded with the certificate of the completion for the same.

